**(Your address/ email address)  
{DATE}**

Dear Sports Club

My name is **{YOUR NAME}**. As a big supporter of (football/ rugby/ horseracing/ cricket /other sport) I am writing to you today because I am concerned about the lack of Changing Places Toilets in sports venues, making it near impossible for many disabled people to visit sports clubs and enjoy watching and taking part in sports.

There are currently 1853 Changing Places toilets in the UK, but fewer than 10 percent of UK sporting venues have the facilities in place, according to data from the Changing Places Consortium.

Standard accessible toilets do not offer what is needed for many disabled people, with Changing Places toilets providing a height adjustable changing bench, hoist, privacy screen and extra space to meet the needs of users – it’s a matter of dignity.

For 250,000+ people their needs are not met with standard toilets due to brain injury, age, severe disability, illness, continence pad, support to get on/off toilet and the need to be changed.

This means their choices are:

* + Only go out for two hours at a time
  + Stay at home
  + Face being changed on a public toilet floor

‘Isolation, invisibility, abandonment and being forgotten’ are words commonly heard by those facing this.

Sadly, the number of disabled fans who said they are unable to attend certain sports or sporting venues due to lack of accessibility has increased to 36.5%. This is a significant increase from 30.5% in 2021.

As part of the #RiseForSport campaign, I am asking you to take the following steps to address this social injustice:

* **Sign and share the #RiseForSport change.uk petition launched by three disabled sports fans and supported by disabled sports fans and their families across the country at** [www.change.org/riseforsport](http://www.change.org/riseforsport)
* **If your venue doesn’t have a Changing Places Toilet, please talk to your board about this issue and discuss potential solutions for your venue**

I’d love to hear back from you with the ways you can support this issue and drive real change for disabled sports fans.

I look forward to hearing from you.

Yours faithfully,

**{YOUR NAME}**